

2007

VERNON REC DEPT

American Red Cross Water Safety Instructors & Life Guards
LEARN to SWIM AQUATIC PROGRAM

First Session: June 25 through July 12, 2007

Second Session: July 23 through August 9, 2007

Each Session runs Monday through Thursday for 30 minutes

Times
& Levels
are
arranged
between
8:15am
and
1:00pm.

- Level 1: Water Exploration
- Level 2: Primary Skills
- Level 3: Stroke Readiness
- Level 4: Stroke Development
- Level 5: Stroke Refinement
- Level 6: Skill Proficiency
and Guard Start (Open to ages 11-14)

See Back for Other Programs

PROGRAM FEES

per session:
\$20 residents
\$45 non-residents
Scholarships available upon request,
PLEASE contact the Vernon Rec. Dept., 254-9251.

Classes will be tailored to the needs of your children. Times will be announced prior to the beginning of the First or Second Session. Please call the Pool on Thursday before swim lessons begin. Or check the Swim Lesson Bulletin Board at the pool, speak to the Front Desk personal, a Life Guard NOT on duty or the Aquatic Supervisor.

LEARN to SWIM Registration Form

PLEASE Return this Form with payment by June 8, 2007

To the Vernon Rec Office located at the Vernon Elementary school or by mail, PO Box 56, Vernon, VT 05354

PRINT NAME: First, Last

Age

Select One:

First Session

Level

PRINT NAME: First, Last

Age

Second Session

Level

PRINT NAME: First, Last

Age

Both Sessions

Level

Not sure of your swim level? The Vernon Rec. keeps that information on file, we will insert their level when the registration form is returned. Or attend our swim test on Sunday June 17, 1-4 PM.

Parent/Guardian NAME, ADDRESS, TOWN, STATE, ZIP

Telephone Number + Area Code

EMERGENCY CONTACT

Name & Telephone Number

Please use the back of this form for additional information: Register, Attend our Swim Test, Add your email address

THANK YOU

Additional Swim Programs Available:

***FREE Infant & Preschool Aquatic Program, (Parent/Child)**
Tues&Thur5-6PM

***Adult/Individual Private Lessons\$10/each, to be arranged**

***FREE Diving Lessons July 16,17,19,20, 2007, Noon-1PM**

***FREE Water Aerobics MonWed 5-6PM**

***Teen Nights, to be announced**

***Lifeguard, WSI & Lifeguard Re-Cert Courses, to be announced**

Inquire at the Vernon Rec Dept 254-9251

ADDITIONAL SWIM LESSON INFORMATION PROVIDED HERE:

____Attending our Swim Test on Sunday June 17, 2007, 1-4 PM

To get your child's lesson schedule, announce cancellations due to weather or other incidents, add your

email address, please print _____

Register more students: